



Nomination Application for Proposal of New ATI Sponsoring Member

This form must be typed or neatly printed. PLEASE NOTE: Your completed application and nomination forms must be received in the ATI Office no later than August 1 of the year in which you wish to be elected at the Annual Conference.

Section A. Nominee

The following ATI Certified Teaching Member in good standing is being nominated to become an ATI Sponsoring Member:

Name: _____

Address: _____

Email Address: _____

Telephone Number: _____ (H) _____ (Cell)

I accept the nomination and list below my Alexander experience and my list and description of the evaluation criteria I intend to use if I am approved as a Sponsoring Member of ATI.

Date: _____
(Nominated Sponsoring Member)



Section B. Nominators

Instructions:

- Please list your three nominators below
- One of your three nominators must be an ATI Sponsor, and all must be ATI Members in good standing. Please mark which of your Nominators is currently an ATI Sponsoring Member.
- Nominators must be ATI members who have personal knowledge of you, and who have seen you teaching.
- Each Nominator must submit a completed Nominator Form. You must send a separate for to each of your Nominators, who should complete the form typed directly online or neatly handwritten. Your Nominators will then sign the form and return it to you.
- Once you have all three completed Nominator Forms, you should submit them with this Nomination Application.

List of Nominators

Nominator Name: _____

ATI Sponsor: ☐

Nominator Name: _____

ATI Sponsor: ☐

Nominator Name: _____

ATI Sponsor: ☐



Section C. Nominee's Alexander Background & Experience

1. Nominee's Alexander background and experience:

Please list your training location(s):

Please list the names of teachers (include director(s) as well as other teachers who made significant contributions to your experience):

Please list your dates of training:

How long have you been a teacher?

Have you been teaching regularly since you completed your training?

Yes ☐ No ☐

What is your average number of lessons/classes per week?

Do you train Alexander teachers?

Yes ☐ No ☐

How many years have you been training Alexander teachers?

How many Alexander teachers have you trained?

Do you give post-graduate workshops for other teachers?

Yes ☐ No ☐



Section C. *continued...* Nominee's Alexander Background & Experience

2. Nominee's ATI background:

Are you an ATI Certified teaching member?

Yes ☐

No ☐

How long have you been an ATI member?

Have you attended an ATI Annual Conference?

Yes ☐

No ☐

If YES, which Conference(s) did you attend?

Please give a brief explanation of why you wish to become a Sponsoring Member of ATI, and why you feel that you are qualified to evaluate ATI teaching member candidates.



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Section C. *continued...* Nominee's Alexander Background & Experience

Please give a brief outline of your other teaching/administrative experience (e.g. workshops given, A.T. teaching in music/drama schools, etc.).

Please give details of any trainings you have taught, specifically, which trainings and courses, the number of times you taught, etc. NOTE: If you run a training course or school, this is about your teaching in *other* trainings.



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Section C. *continued...* Nominee's Alexander Background & Experience

If you have helped assess teachers in someone else's training or for another Alexander society, please give details:

If you feel that there is any other relevant information you want the members to know about you, please provide that here:



Section D. Your criteria and how you intend to use them

The above-named nominee for Sponsoring Member will employ the ATI approved criteria, listed below, in evaluating prospective Teaching Members who wish to join ATI (On the next page please describe what procedure(s) you will use to assess the candidate and how you will know that the candidate has satisfied your criteria):

ATI Criteria for Evaluating the Competencies of Teachers

Adopted by the Membership in 2000 and as designated in the ATI Bylaws

In order to be eligible for certification by Alexander Technique International, teacher-candidates should be of good character, have a clear understanding of the Alexander Technique concepts and principles and have the basic skills to convey these concepts and principles clearly to a pupil.

I. Conduct

- A. Demonstrate qualities of patience, compassion, honesty, and respect in interactions with peers and students. Completion of an Alexander Technique training process shall be considered representation by the candidate's trainers that the candidate has satisfactorily demonstrated these characteristics of patience, compassion, honesty, and respect in interactions with peers and students, provided the examining teacher sees no evidence to the contrary.

II. Knowledge

- A. Demonstrate an embodied understanding of the commonly used Alexander Technique concepts and principles by consciously allowing a positive change in their own psycho-physical coordination, and continue this change throughout any activity in order to improve the quality of their performance. This positive change can be observed as 1) an initial movement of the head in relation to the spine which results in a quality of lengthening throughout the body, allowing the person to respond in a fluid and continually adaptive way to gravity; 2) an enhanced alertness, awareness, fluidity and poise; 3) and a speaking voice that is full, clear, and fluent.
- B. Demonstrate a knowledge of Alexander's ideas by discussing their own understanding of the Technique and how Alexander's ideas have influenced their development as a person and a teacher; and suggest what literature (by Alexander or other authors) they would recommend to a pupil and why.
- C. Demonstrate an understanding of anatomy and physiology as they relate to human movement and behavior; be able to help pupils understand how mistaken ideas about their structure interfere with their best use; answer pupils' basic questions about anatomy, and refer them to other sources for more detailed answers.
- D. Demonstrate an understanding of the ATI Code of Ethics, an appreciation of safety issues, and know when it is appropriate to refer a pupil to another professional.

III. Teaching Skills

- A. Demonstrate an ability to clearly and simply communicate and demonstrate the concepts and principles of the Alexander Technique by giving clear demonstrations and verbal explanations that are appropriate to the pupil's learning in the moment; when using hands, to use their hands sensitively and appropriately. Both verbal explanations and any use of hands will allow pupils to effect a positive change in their psycho-physical coordination.
- B. Demonstrate an ability to observe themselves while teaching, and later articulate to an observer the choices they made with regard to using their hands, verbal explanations and physical demonstrations.



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Section D *continued*... ATI criteria and how you intend to use them and how you will determine that a candidate has met the Criteria.

Please describe what procedures you would use to evaluate a candidate for ATI certification, and how you would judge from these procedures whether the above criteria have or have not been satisfied:

Mail to:
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Cambridge, MA 02138 - USA