

2023 ATI Annual Conference and General Meeting In-Person Workshop Schedule

Please note: all times are listed in Eastern US time zone.

Sunday, October 15			
Presenter	Workshop Title	Time	Location
	Pre-day		
	Conference Registration/Check-in	5-8 PM	South Wing of Corriher Lodge (the main building)
Monday, October 16			
Presenter	Workshop Title	Time	Location
	Conference Registration/Check-in	7 - 8:30 AM	South Wing of Corriher Lodge (the main building)
Jamee Culbertson & Rachel Prabhaker	Ethics Advisory Committee Workshop (beginning at 9 AM)	9 - 10 AM	Upper Shuford
Cathy Madden	Formal Consensus Process Committee Workshop	10 - 11 AM	Upper Shuford
	Coffee/Tea Break	11-11:30 AM	The Gathering Place
	Opening Circle	11:30 AM -12 PM	Outside (weather contingency: Upper Shuford)
	Lunch: Sponsors' Meeting/ExChange time	12 - 1:30 PM	Dining Hall (Breezeway)
Antoinette Kranenburg	Alexander Technique, Adlerian Psychology and Emotional Triggers	2 - 3:30 PM	Lower Conference
Tommy Thomson	'Triatic Resonance' A novel way of viewing your hands when teaching	2 - 3:30 PM	Lower Shuford
Shawn Copeland	There are No Body Mapping Errors: Inclusive Teaching that	2 - 3:30 PM	Southern Conference

	Creates a Safe Space and Cultivates Belonging		
	Coffee/Tea Break	3:30 - 4 pm	The Gathering Place
	Business Meeting #1	4 - 6 PM	Upper Shuford
	Dinner	6:30 - 7:30 PM	Dining Hall
Erik Bendix	Keynote: Ease of Communication	7:45 - 9:15 PM	Upper Shuford

Tuesday, October 17

Presenter	Workshop Title	Time	Location
Corinne Cassini	Early Morning Practice: Swimming - Morning Water Fun.	7 - 7:45 AM	The Pool
Tommy Schoffler	Early Morning Practice: Wake Up Wiggles	7 - 7:45 AM	Lower Shuford
	Breakfast	8 - 9 AM	Dining Hall
	Business Meeting #2	9:30 AM - 12:15 PM	Upper Shuford
	Lunch	12:30 - 1:30 PM	Dining Hall
Sarah Barker	Certification Coordinating Committee Sponsor Panel	2 - 3:30 PM	Upper Shuford
	Meet the ATI Sponsors - Coffee/Tea	3:30 - 4 PM	The Gathering Place
Corrine Cassini, Agnotti Cowie, & Aarti Tejuja	Plenary: Patterns and Possibilities: shaping ATI's dream	4 - 6 PM	Upper Shuford
	Dinner: Banquet & Awards	6:30 PM	Dining Hall
	Jazz	8 - 10 PM	Lower Conference South Lobby

Wednesday, October 18

Presenter	Workshop Title	Time	Location
Corinne Cassini	Early Morning Practice	7 - 7:45 AM	The Pool
Sara Goldstein	Early Morning Practice: Breath and Tone	7 - 7:45 AM	Lower Conference
	Breakfast	8 - 9 AM	Dining Hall
	Business Meeting #3	9:30 - 11:15 AM	Upper Shuford
	Coffee/Tea Break	11:15 - 11:30 AM	The Gathering Place
Jennifer Mizenko	Continuing Education Committee Workshop	11:30 AM - 12:30 PM	Upper Shuford
	Lunch	12:30 - 1:30 PM	Dining Hall
	Free Time	1:30 - 4:30 PM	
Debi Adams	A New Approach to Change: Using the ACT Matrix in Alexander Technique teaching	4:30 - 6 PM	Lower Shuford
Bill Conable	A New Look at Classical AT procedures	4:30 - 6 PM	Southern Conference
Meade Andrews & Jana Tift	AT Integrity: An Oasis of Calm	4:30 - 6 PM	Lower Conference
	Dinner	6 - 7 PM	Dining Hall
	Professional Development Committee Workshop	6:30 - 8 PM	Lower Conference
	Community Event	7 - 8:30 PM	Lower Shuford
	Appalachian Music Square Dancing	8:30 - 9:30 PM	Upper Shuford

Thursday, October 19

Presenter	Workshop Title	Time	Location
Belinda Mello	Walking with A.I.M.	7 - 8:30 AM	Lower Shuford
	Breakfast	8 - 9 AM	Dining Hall
	Ethics Advisory Committee Meet & Greet	8:45 - 9:20 AM	Dining Hall (alcove)
	Business Meeting #4 Coffee/Tea Break	9: 30 AM - 12:15 PM	Upper Shuford
	Lunch	12:30 - 1:30 PM	Dining Hall
Erik Bendix	Rehearsing for Surprise	2 - 3:30 PM	Lower Conference
Belinda Mello & Ariel Weiss	Who, what, where, when and why? Dynamic Observation Skills in the context of environment and activity.	2 - 3:30 PM	Lower Shuford
Rachel Prabhakar	The Liver has a Role in Breathing?! An Exploration of Breathing and Movement	2 - 3:30 PM	Upper Shuford
	Coffee/Tea	3:30 - 4 PM	The Gathering Place
Teresa Lee	Consent and Boundaries in A.T. Teaching Practice	4 - 5 PM	Southern Conference
Robin Gilmore	We Are Upright Quadrupeds	4 - 5 PM	Lower Conference
Mary Beth Coolidge	Presence in Parenthood	4 - 5 PM	Lower Shuford
	Plenary Follow-up	5:15 - 6:30 PM	Upper Shuford
Sarah Barker & Erik Bendix	Using the Alexander Technique to Facilitate Deep Healing After Physical Healing - how do we learn to trust our bodies again?	5:15 - 6:30 PM	Lower Conference

Jennifer Roig-Frangoli	How to Help Musicians 'Make Great Music with Ease!'	5:15 - 6:30 PM	Lower Shuford
	Dinner	6:30 - 7:30 PM	Dining Hall
	Talent/No Talent Show	8: 30 PM	Upper Shuford

Friday, October 20

Presenter	Workshop Title	Time	Location
	Breakfast	8 - 9 AM	Dining Hall
Monika Gross/Ingrid Knight	The Poise Project: Local Action, Global Impact	9 - 9:50 AM	Lower Conference
	Business Meeting #5	10 AM - 12 PM	Upper Shuford
	Closing Circle	12 - 12:30 PM	Outside (weather contingency: Upper Shuford)
	Lunch		Dining Hall