

**Introducing the Pilot Project for the**

**ATI Demonstrations of Knowledge**

Rev. 12/12/2023

Thank you for your interest in the Pilot Project for the ATI Demonstrations of Knowledge.

Currently, the three ATI Sponsors for each Teaching Candidate assess the Candidate’s teaching skills as well as their knowledge in three content areas (Alexander’s Writings, Anatomy, and Ethics).

The Pilot Project is testing a way for Teaching Candidates to demonstrate their knowledge in these three areas before their ATI Sponsors assess their teaching skills. Each area will have a set of Readers. The Candidate will complete a Demonstration of Knowledge in each area and then Readers will be selected to review them. The Readers will not be evaluating the Candidate’s work. The purpose of the review is to check for accuracy, clarity and completeness, and to give the Candidate an opportunity to discuss their thinking with another teacher before meeting with their ATI Sponsor. Teaching Candidates will have the opportunity to revise their Demonstrations of Knowledge based on the Readers’ feedback if they so choose. Once the Candidate is confident in their work, their completed Demonstrations of Knowledge will be sent to their selected ATI Sponsors to help inform their meetings with the Candidate.

Teaching Candidates may submit their Demonstrations of Knowledge in a particular content area as soon as they feel prepared to do so. For example, if a Candidate’s training course focuses on anatomy in the first year, they can complete the Anatomy portion at that time.

Once you complete a Demonstration of Knowledge we will assign your work to a Reader. With your consent, the Committee may share your work with others interested in the Pilot Project, but if anyone other than your assigned Reader’s views your work, all personal identification will be removed. Your Demonstrations of Knowledge will not be viewed by anyone not directly involved with the Pilot Project.

Currently, the Pilot Project is completely voluntary. At this time, you are not required to complete the Demonstrations of Knowledge in order to qualify for an ATI Teaching Certificate. If you are a Candidate for ATI Certification this year, you may choose to share your work with your ATI Sponsors, but please let us know so we can follow up with them to gather information about their experience with the Demonstrations of Knowledge. This will help improve the process.

Your participation will provide a tremendous service to ATI and help ATI improve its Teacher Certification Process. And we hope you will find it an enriching activity in its own right.

We have attached the prompt and format guidelines for the Demonstrations of Knowledge. If you would like to participate, please send your responses to the ATI Professional Development Committee at [ATIPilotProject@gmail.com](mailto:ATIPilotProject@gmail.com).

If you have any questions please send a message to the address above. Thank you very much for your participation.

Sincerely,

The ATI Professional Development Committee

**ATI Demonstration of Knowledge of Alexander’s Writings**

1. **Give a brief summary of Alexander’s life and work. Be sure to include:**
   1. Key elements of F.M. Alexander’s story as they related to his development of the technique;
   2. Where and when he was born and died;
   3. The names of his four books;
   4. What other kind of writing he did;
   5. What his early work focused on; and
   6. The role his brother played in F.M.’s work.

Readers *will check to ensure all six items above are addressed.*

1. **What literature (by Alexander or other authors) would you recommend to a pupil and why?**

Readers *will check that recommendations seem relevant to learning and teaching the Alexander Technique.*

1. **Consider these 8 Alexander Technique Ideas:** Conscious Direction

End-Gaining

Faulty Sensory Appreciation

Inhibition

Means Whereby

Primary Control

Psycho-Physical Unity

Universal Constant (use affects functioning for better or worse)

**For each Alexander Technique Idea above, answer the 4 questions below:**

1. What the idea means to you;
2. How F.M. Alexander discovered it with reference to the first chapter of *The Use of the Self* (provide page citations);
3. How it has influenced your development as a person;
4. How it has influenced your development as a teacher.

*The 8 ideas are listed above in alphabetical order. You may respond to them in any order. Readers will check that all four points are addressed for each of the eight ideas. Following their initial submission, the Candidate will be contacted by a Reader* *to discuss their responses. During this conversation, the Reviewer may ask the Candidate to say more about their responses and relate them to direct quotes from the text.*

**FORMAT GUIDELINES for ATI Demonstration of Knowledge of Alexander’s Writings:**

Candidates may submit their Demonstration of Knowledge in writing, as a video, or a combination of both. Candidates should observe the following guidelines out of consideration for their Reader:

**Individual Written**

Not to exceed 20 pages, double-spaced. The briefer the better so long as it is complete. Section 1.1, “Key elements of F.M. Alexander’s story as they related to his development of the technique,” should be especially concise. It is the answer you would give to a new pupil who asks, “Who was F.M. Alexander?”

**Individual Video**

Not to exceed 30 minutes. Others may appear on the video if they are helping the Candidate complete their Demonstration of Knowledge (for example: to read the prompt). Please be sure to identify yourself at the beginning of your video. If others appear on the video with you, please be sure that you are directly addressing each aspect of the prompt yourself.

**Group Video**

Up to 3 Candidates, not to exceed 45 minutes. The video should begin with each Candidate identifying themselves. Each individual must still complete section 1 in their own video or in writing. For Section 2 and Section 3, **each** Candidate must respond to **each** part.

Others may appear on the video if they are helping Candidates complete their Demonstration of Knowledge (for example: to read the prompt or to facilitate the group discussion).

**ATI Demonstration of Knowledge of Anatomy**

1. **The Relationship Between the Skull and the Spine**
   1. Describe the relationship between the skull and the spine (the atlanto-occipital joint) as it relates to the use of the self as a whole.
   2. How does changing that relationship affect functioning throughout the whole body?
   3. What information about the location and structure of the atlanto-occipital joint do you believe would be useful for a pupil to know and why?

*Readers will check to ensure all three items above are addressed.*

1. **Anatomical Conceptions**
   1. Discuss how a pupil’s concept of their anatomy may impact their use, movement, and/or behavior.
   2. Give examples of some typical misconceptions and their results.
   3. Give examples of accurate conceptions and their results.

*Readers will check to ensure all three items above are addressed.*

1. **Breathing**
   1. Describe the inherent, natural process of breathing.
   2. Describe some ways that a person could interfere with this process, and the effects of that interference.

*Readers will check to ensure both items above are addressed.*

*Following their initial submission, the Candidate will be contacted by a Reader* *to discuss their responses. During this conversation, the Reader* *may ask the Candidate to say more about their responses.*

**FORMAT GUIDELINES for ATI Demonstration of Knowledge of Anatomy:**

Candidates may submit their Demonstration of Knowledge in writing, as a video, or a combination of both. Candidates should observe the following guidelines out of consideration for their *Reader*:

**Individual Written**

Not to exceed 10 pages, double-spaced. The briefer the better so long as it is complete.

**Individual Video**

Not to exceed 20 minutes. Others may appear on the video if they are helping the Candidate complete their Demonstration of Knowledge (for example: to read the prompt). Please be sure to identify yourself at the beginning of your video. If others appear on the video with you, please be sure that you are directly addressing each aspect of the prompt yourself.

**Group Video**

Up to 3 Candidates, not to exceed 30 minutes. The video should begin with each Candidate identifying themselves. **Each** Candidate must respond to **each** part.

Others may appear on the video if they are helping Candidates complete their Demonstration of Knowledge (for example: to read the prompt or to facilitate the group discussion).

**ATI Demonstration of Knowledge of Ethics**

Please refer to the ATI Code of Ethics and the Ethics Scenarios, which can be found on the ATI website.

1. **Choose Six Tenets from the ATI Code of Ethics:**
   1. Two from “Teacher-Student Relationship”;
   2. Two from “Teacher-Teacher Relationship”;
   3. Two from “Teacher-Professional Responsibility Relationship.”
2. **Refer to the Ethics Scenarios. For each of the six Tenets you have chosen, find an Ethics Scenario that you believe potentially violates that Tenet:**
   1. Two from “Teacher-Student Relationship”;
   2. Two from “Teacher-Teacher Relationship”;
   3. Two from “Teacher-Professional Responsibility Relationship.”
3. **Respond briefly (no more than one paragraph each) to each Ethics Scenario you have chosen. Say what you would do if you found yourself in that situation.** (Be sure and list the Ethics Scenarios and Tenets you are talking about in your responses.)

*Readers will check to ensure you have responded to six total Ethics Scenarios, two for each section of the Code of Ethics. Following their initial submission, the Candidate will be contacted by a Reader* *to discuss their responses. During this conversation, the Reader* *may ask the Candidate to say more about their responses.*

**FORMAT GUIDELINES for ATI Demonstration of Knowledge of Ethics:**

Candidates may submit their Demonstration of Knowledge in writing, as a video, or a combination of both. Candidates should observe the following guidelines out of consideration for their Reader:

**Individual Written**

Not to exceed 6 pages, double-spaced. The briefer the better so long as it is complete.

**Individual Video**

Not to exceed 20 minutes. Others may appear on the video if they are helping the Candidate complete their Demonstration of Knowledge (for example: to read the prompt). Please be sure to identify yourself at the beginning of your video. If others appear on the video with you, please be sure that you are directly addressing each aspect of the prompt yourself.

**Group Video**

Up to 3 Candidates, not to exceed 30 minutes. The video should begin with each Candidate identifying themselves. **Each** Candidate must respond to **each** part.

Others may appear on the video if they are helping Candidates complete their Demonstration of Knowledge (for example: to read the prompt or to facilitate the group discussion).